



SERVICE Above Self

Fargo West Rotary

Newsletter January
2009

Fargo West Rotary, PO Box 9237, Fargo, ND 58106

HAPPY NEW YEAR



President's Message *By Paula Grimestad*

As we enter a new year, we reflect back on the good times and the struggles of the year and look for ways to make this coming year even better. Rotary should be included in that reflection as well. Every year our club members along with 1.2 million other club members work together through the Rotary Foundation to make the world better.

Those of you who were at today's meeting heard Bruce Opheim talk about the Rotary Foundation's Future Vision Plan. Rotary's impact on the world is incredible. Part of Bruce's presentation included a video that showcased the important work Rotary International is doing around the world. It was very inspiring and did a great job portraying the meaning of being a Rotarian and what we do for the world.

This month is Rotary Awareness Month. I challenge all of you to make a New Year's resolution to spread the word about Rotary and encourage others to join us. To learn more about the incredible work of Rotary log on to Rotary International's website at: www.rotary.org

The power of Rotary is through its individual members!

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Rotary Wine, Beer
and Cheese Tasting
Monday, January 19
5:30 pm
Plains Art Museum
Tickets: \$15 per
person

Important notices for January

- The Board of Directors meets Jan 9 at the Ramada Inn...all members are welcome. This can be used as a make-up.
- Offsite meeting Jan 19 at the Fargo Jet Center, north of Hector airport
- Remember to sign in on Mondays – and don't forget to add make-ups you did

DG Tully Visits Fargo West



Each year District 5580 Governor visits our club. Before meeting with club members during the actual meeting, the DG meets with the officers and board members of the club to review what we are doing and where we hope to go as a club. DG Tully Chambers and his wife, Marilyn, were at the December 1 meeting. They make a very good team, as Marilyn is his personal assistant.

President Elect, David Wrolstad, presided, as Paula was in Rochester with her father. DG Tully had many good things to say about our club and how we are performing our duties. He liked what he heard from the various committee chairmen when they gave their reports.

At the regular meeting, he praised the club and also gave his vision for the district. It is customary for our club to have the District Governor award perfect attendance pins for the Rotary year 2007-08. Then he awarded Paul Harris Fellows to Steve Shark and Bruce Karevold.

Eighteen people received perfect attendance pins:

Jennifer Dahl	1 year
Patti Middendorp	1 year
John Trombley	1 year
David Wrolstad	1 year
Bruce Karevold	2 years
Heather Johnson-Kjos	2 years
Jill Berg	4 years
Steve Shark	4 years
Paul Nelson	7 years
Judy Pearson	7 years
Brad Dahl	8 years
Dan Thomas	8 years
Yvonne Hamilton	12 years
Cory Badinger	15 years
Bruce Opheim	16 years
Clif Hamilton	20 years
Betty Opheim	21 years
Arden Glanzer	24 years

Enjoy the photos by Arden Glanzer.... Thanks, Arden!



Congratulations to our two newest Paul Harris Fellows – Bruce Karevold and Steve Shark !



Jean Harris History

Jean Harris is the wife of Rotary's founder, Paul Harris. Not much is really known about her, but there is an interesting website that does speak about her and the history of Rotary.

There were two Women's Rotary Clubs formed in Minnesota in 1911 and 12. This probably is what caused the executive committee of Rotary International to rewrite the constitution of Rotary to include Men only in 1915.

A quote from the article: *"The addition of women in Rotary represent the single greatest force in the growth of Rotary International since the chartering of Winnipeg, Stuart Morrow and RIBI, the exploits of Ralston and Davidson, and the founding of Havana and Madrid by Angel Cuesta."*

There is a lot of fascinating information about women in Rotary on the *Rotary Global History Fellowship* site. The URL is <http://www.rotaryfirst100.org/women/>

If you are interested in learning about the early history of Rotary, this is the home page <http://www.rghf.org/>. It's worth a few minutes just to explore the different links regarding everything you want to know about Rotary and how it came to be. ***RGHF Mission:*** *As an effort to serve others, RGHF accumulates and preserves the complete history, values and philosophy of the Rotary movement, as well as encourages others to do the same at every level of the Rotary movement, and publishes those histories, values and philosophies on the internet, as well as other forms of media as expedient."*



Chamber of Commerce Café

"Building a Legacy"

Featuring: are **Ed, John and Rick Stern,**
Straus Clothing
Brad and Randy Wimmer,
Wimmer's Diamonds

Wednesday, January 7, 2009

11:45 a.m. Lunch; Noon to 1 p.m. Program
Hjemkomst Center
202 First Ave North, Moorhead

Join some of Fargo Moorhead's longest standing business families as they share what it takes to maintain business growth throughout time. Attendees will leave with valuable lessons in leadership, business differentiation and passing the torch.

Rotary Fellowships

You should be aware that there are more than 80 approved Rotary Fellowships, everything from Accounting, Motorcycling, Running and Fitness, Skiing to Wine.

Nearly every vocation or hobby is covered by a Fellowship, and they provide genuine opportunities to meet and make friends with great people all over the world.

There is an International Travel Fellowship, if you like to travel and know your experience will be enhanced by an acquaintance in the other country. This is different than the Friendship Exchange, as you do it totally on your own.

You can learn about all the Fellowships at <http://www.rotary.org/en/ServiceAndFellowship/Fellowship/GlobalNetworkingGroups/Pages/FellowshipsResults.aspx>

Max Monda's Report



Max Monda is our Exchange Student to Italy. This is a letter he has written to the club:

Hi Fargo West Rotary, sorry it's taken me so long to write. I've been extremely busy this last week because I had to study for my ACT which I took on Saturday. Now that that's out of the way, I can tell you a little bit about what's been going on in Italy the past few months.

Last Sunday was my 3 month anniversary, and I've already experienced so much. When I first arrived in Milan, it was like hitting a brick wall of culture shock. The language completely blew me away. I was fortunate to have a counselor here who speaks English pretty well; otherwise I would have been lost. My host parents don't speak any English, so it was a little awkward at first, but they are the nicest people you'll ever meet. My Host dad is an engineer, and my host mom works from the house. My host dad is ecstatic about my stay here in his house, because He loves sports, and we he found out that I play football, baseball, hockey etc, he was thrilled. My host mom is an excellent cook and I'm sure that if she opened up a restaurant in the US it'd be famous in no time. They have one son, who is now doing an exchange in Mesa AZ, so I don't have any host brothers or Sisters.

Back to when I first arrived, I drove with my Tutor and My host mom from Milan to my town of about 10,000 people, Merate. Everything was so new to me, the streets, the cars, the houses, and buildings, all of it. I arrived at my house, unpacked, and called my parents to tell them I'd made it safe.

The next day I met my second host family. The mother is English, so she was able to translate for me.

Happy Birthday!

1/19 Rachel Clarke
1/26 Trent Gerads



The host dad is Italian, and looks a little bit like Mario from the video game. They have two sons, one who was an exchange student in Mexico two years ago, and one who is in Japan this year, so they know the ropes of Rotary. The Day after that I went to my school to register with my host Mom, and Then also that day I went with my host dad to the top of a small mountain, named Montevicchia. There is an old church on the top, and you can see the pictures of it on my Facebook.

Soon after that School started, and that was a strange experience for me. The classes run a little differently. The students don't move from room to room like we do in the US, but instead the teachers do, so you are with the same group of kids all the time. Luckily I was put into a great class and so I've been having a lot of fun. We also have school on Saturday's which isn't very fun, but our school days are shorter, so I guess it equals out. With school I've done a few trips to Old churches and roman ruins, and it's just a whole lot of fun.

So far I've been on a few trips with Rotary to some fancy Italian restaurants. We've gone to Milan for a few gatherings, and all the other exchange students are great. Most of them are from the US, but there is one girl from Mexico, two girls from Australia, and one boy from Japan, who is going to my school with me. We usually get together every month to do something exciting, the last thing we did was go to see Leonardo DaVinci's Last Supper which was pretty amazing. Rotary has planned for us to go to Venice in February, Pisa in the end of February, and Florence in March, and I will be in Rome over my birthday in May.

So far my experience has been great. My Italian is coming along great, and I just love every minute of it. I will change host families on the 7th of January, which will be exciting. I'm reluctant to leave this one because they are such wonderful people, but it will be great to experience a new family. I would just like to thank all of rotary so much for this wonderful experience, and I hope you guys have a merry Christmas and a happy new year.

Your Student Abroad,
Max Monda

January is Rotary Awareness month

*by Dong Kurn (D.K.) Lee
President, Rotary International*

Rotary International sets a theme for each month and year. January marks the beginning of the second half of the Rotary year. It's a time to look back on what we've accomplished so far, to assess our progress, and to renew our determination to achieve our goals in the months remaining. It's a time to discuss and evaluate the goals of our clubs as well as the goals we've set for ourselves as Rotarians.

January is also Rotary Awareness Month, a time for us to consider how our Rotary values – and our own actions – influence public perceptions of Rotary. Our strategic plan outlines five core values that define and guide us as we chart a course into our second century of service.

Service is our first value, as it should be. Our focus on service is reflected in our primary motto, Service Above Self. Through our clubs and districts, we have the potential to create better, safer, and healthier communities, one project at a time.

Fellowship is the reason Rotary was founded over 100 years ago. The friendship, the camaraderie, and the wonderful sense of doing something good together is what keeps us all looking forward to our Rotary meetings week after week.

Diversity is an aspect of Rotary that becomes more important with every passing year. We have just welcomed to Rotary the Republic of Kiribati, which joins the more than 200 countries and geographical areas already on the Rotary map. I look forward with all Rotarians to a day when there is a Rotary club in every community in the world.

Integrity is fundamental to our organization's identity. Every Rotarian is a guardian of the reputation that generations of Rotarians have worked to build. When we maintain the highest ethical standards in all of our dealings, we strengthen the trust that allows us to serve more effectively.

But it will only happen if we show *leadership*, the fifth, and final, core value. Each of us must remember, with our every action, that we are Rotarians.

When we are chosen to become Rotarians, and when we

Important Rotary Info

January Meetings – Rotary Awareness Month

Greeter: Jed Krieg

1/5 Rick Wagar — Running

1/12 Jerry Migler — MSCTC update

1/19 **Off-Site at the Fargo Jet Center**

1/26 Liz Huesman — American Heart Association

Make up meetings at any of these local clubs:

Fargo West Rotary meets Monday noon at the Holiday Inn

Moorhead Rotary meets Tuesday noon at the Moorhead Country Club.

Fargo Rotary meets Wednesday noon at the Radisson Hotel.

FM/AM Rotary meets Thursday at 7:00a.m. at Seasons at Rose Creek Golf Club

FM/PM Make up meeting is at 5:15pm the 1st & 3rd Wed of every month at the Winery

choose to accept that honor, we take it upon ourselves to become representatives of the entire organization.

When we are known as Rotarians, then everything we do reflects upon us all. By living by our core values and committing to Service Above Self, we build a stronger Rotary and a better world for all.

Make Dreams Real

RI 2008-09 theme