



SERVICE Above Self

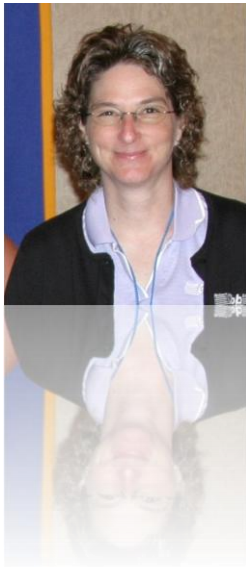
# Fargo West Rotary

Newsletter March 2011

Fargo West Rotary, PO Box 9237, Fargo, ND 58106

## President's Message

by Heather Johnson-Kjos



There are some exciting programs coming up! March 28<sup>th</sup> is straight out of today's news.


Do you remember **Roxana Saberi**? She was raised in Fargo and went to Iran to learn about her father's heritage. After living there for 6 years, she was arrested and jailed in January 2009. She was charged with espionage, which she denied, and sentenced to 8 years in prison. Through the efforts of the international community and her parents, and Rotary International she was released in May 2009.

This experience threw Roxana into the international spotlight. *She will be our speaker on March 28.* Because she has a very compelling story to tell, we are opening the meeting to the other Rotary clubs and guests. You are encouraged to bring a guest(s) to this rare opportunity.


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**Daphne Meyers** has set up a website for you to register. You need to go to <http://fargowestrotary.eventbrite.com> to register — **We need a head count!** This is the invitation I am sending to the other clubs:



## You're Invited!





*Roxana Saberi, Rotary Ambassadorial scholar and author of "Between Two Worlds: My Life and Captivity in Iran," will be our program.*

Fargo West Rotary has the pleasure to invite you and your guest(s) to a special Rotary meeting at noon on March 28, 2011 at the Holiday Inn.

While working as a correspondent in Iran, Roxana was arrested on January 31, 2009 and later released in May 2009. Since her release, Saberi has joined others in bringing attention to the situation of human rights in Iran. She will generously be sharing her experiences and insights, **including the timeless and universal lessons she learned from her cellmates.**

This event is not open to the public. It is for **Rotarians and their guests.** In anticipation of members of the four Rotary clubs and their guests attending, we have moved our regular meeting room to the Holiday Inn's Great Hall Royale/Embassy section. It is easiest to park outside Door #12. **We do need a head count** as this will be a specially served meal and we will not be honoring the reciprocal agreement.

Lunch is \$15 and Roxana's book "Between Two Worlds: My Life and Captivity in Iran" will be available for purchase. The cost is \$25.99. **Pre-registration by March 21 is required.**

Go to <http://fargowestrotary.eventbrite.com> to register and order your copy of her book.

Contact Betty Opheim at [bettynd@gmail.com](mailto:bettynd@gmail.com) or 234-9931 if you have any questions.

### Upcoming Events

- March 28 Special program with Roxana Saberi
- March 24<sup>h</sup> Recital With A Cause at Gethsemane Cathedral
- May 2 GSE team from Brazil. Combined meeting.
- May 12 – 16, 2010 Rotary District 5580 District Conference in GF

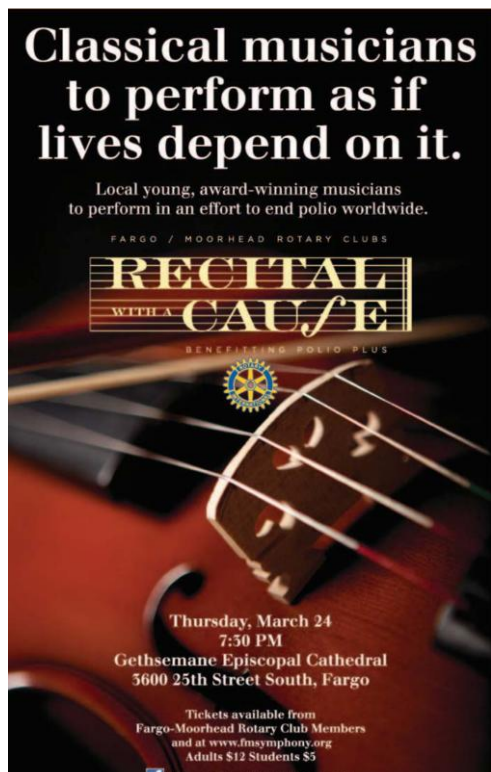
## Recital With A Cause

Recital With a Cause is a unique opportunity to enjoy top-rate music performed by local young talent while supporting the eradication of polio. Last year was the first year and everyone who attended was amazed at the expertise of the musicians.

One of the performers will be the Young Artists Solo Competition Winner, Patrick Lin. He played a solo with the Fargo-Moorhead Symphony during its "An Evening in Vienna" concerts in January. He also won a two-night Minneapolis-area arts event with the cooperation of the Minnesota Orchestra, the Guthrie Theater and the Walker Art Center.

Plan to be there and bring a guest or two.

This is the poster for it. We need you to sell tickets and promote it.



## Cubano Sandwiches

This recipe comes to us from our club secretary, **Jen Dahl**. She said it is very good and easy to make. The Cuban sandwich, also known as the cubano, is a popular meal in south Florida where many Cubans have settled since the early 20th century.

Pork Tenderloin

¼ lb good deli ham - thinly sliced

¼ lb good Swiss Cheese - thinly sliced

½ C. Mayonnaise - not Miracle Whip

3 Tblsp prepared whole grain mustard - I used Grey Poupon

1-2 cloves finely minced garlic depends on your taste just don't leave it out

¼ c. Bread & Butter Pickles — homemade are the best, but any will do

Crusty loaf of bread or rolls

- Bake or grill tenderloin to your taste or medium rare. Let rest. Slice.
- Combine mayo, mustard and garlic in a small bowl. Smear bread or rolls with mayo mix.
- Layer sliced pork, pickles, ham and Swiss.

These also work open faced...I stick them under the broiler to melt the cheese.



### Happy Birthday!

3/2	Brien Krank
3/4	Erika Johnson
3/5	Kim Kemmer
3/5	Betty Opheim
3/7	David Wrolstad
3/10	Penny Crowder
3/11	John Bennett
3/12	Melvin Whitney
3/21	Pamela Smith



## RI Travel Service helps scholars flee Egyptian unrest

This is a reprint of the article about the Ambassadorial Scholar who was in Egypt during the protests.

[http://www.rotary.org/en/MediaAndNews/News/Pages/110211\\_news\\_egypt.aspx](http://www.rotary.org/en/MediaAndNews/News/Pages/110211_news_egypt.aspx)

Rotary International Travel Service (RITS) stepped in to help Rotary Foundation Ambassadorial Scholar Jamie Gajewski and four other scholars to leave Egypt when civil unrest made it unsafe for them to complete their scholarships there.

Gajewski, from Madison, Wisconsin was studying Arabic at Alexandria University. Rotarians and Rotaractors in Egypt took good care of her from the minute she arrived in the country five months ago until her safe departure. After widespread street demonstrations erupted on 25 January, her previously safe neighborhood in Alexandria was overrun by military tanks and demonstrators.

"My neighborhood is a labyrinth of dark, narrow streets, and in front of every building there were bands of men and young boys armed with wooden planks, metal rods, knives, and guns, working together to protect their businesses and families from looters," says Gajewski. "Overnight, this safe neighborhood became unstable and dangerous."

Gajewski says that when foreigners were urged to leave the country, Internet and cell phone interruptions made it difficult to get information about evacuations.

"I began receiving worried phone calls from Egyptian and foreign friends from all over the city," she says. "They heard reports of roving gangs armed with guns who were specifically targeting our neighborhood. Seeing as my roommate and I lived on the ground floor, our friends, including Rotaractors I met, began to devise a plan to get us out of our apartment and into a safer area."

Using a landline phone, Gajewski was able to reach her mother, Janet, who contacted RITS. Within 24 hours, RITS secured transportation to the airport, as well as a plane ticket to Kuwait. It also obtained flights out of the country for four other Rotary Scholars.

"It was pretty scary not having reliable communication with anyone. Since the Internet was shut down, all I brought to the airport was a slip of paper with my ticket number written on it," says Gajewski. "Within a few hours, I was in Kuwait and continued on to Germany, Belgium, and finally France. I'm very lucky Rotary was there to pull me out."

Gajewski says the Egyptian Rotarians and Rotaractors she met became close friends. "They were involved in every facet of my life," she says. "I never went a day without a phone call, an e-mail, or a personal visit from someone. It really was comforting to know they were there when things got bad."

She says Rotary has a strong presence in Egypt, and Rotarians are already making efforts to help in affected areas. Club members are also handing out food to families in need.

Gajewski acknowledges that it's unlikely she'll be able to return to Egypt. She is scheduled to finish her scholarship at the University of Granada in Spain.

"I wish I could have said goodbye to my friends the way I would have liked," she says. "I worry about their safety. I hope all Egyptians can achieve their goals peacefully and return the country to stability."

## March is Literacy Month

Rotary International sets a theme for each month and year. March is Literacy Month.

This month celebrates the love of reading among children and promotes awareness of literacy as a fundamental skill for success. According to the National Center for Educational Statistics 2007 Reading Report, 33 percent of all fourth graders in the US cannot read at even the basic level.

Knowing how to read and write can transform a person's life. These basic skills, which so many of us take for granted, can mean a job, an income, and hope for a better future for those who are struggling to break the cycle of poverty. That's why Rotary has focused on promoting literacy for more than two decades.

What is our club doing to combat this problem? Each week Fargo West Rotary donates a book to Madison Elementary School in the speaker's name. Madison has a large immigrant population and is working very hard to serve all students. Their budget is tight, so our donations are greatly appreciated. Children learn to love books and reading at an early age. It is a skill that they will use throughout their lives. The books we donate are very important.

Rotary asks what our club could be doing to boost literacy rates in our community and in communities around the globe. We are dedicated to the English Language Learners program (ELL) at Carl Ben Eielson. The local Rotary clubs volunteer their time to work with the immigrant students. Imagine moving to a foreign land and not knowing the language, customs or culture. These people have to start at the beginning with the simplest of tasks. Most haven't had running water, flush toilets, electricity, microwaves, etc. It is something they have to learn.

ELL has become so popular and successful that it spawned a similar program for the parents who want to learn English.

**Ryan McManus**, our Literacy Chair, says "I want to make you aware of a new four club Rotary project that is starting at Carl Ben Eielson. On Monday, Feb. 28th from 6:00-7:30 and every Monday thereafter through the school year, Rotarians will be volunteering their time to assist adult refugees who want to learn English. We will be working with these individuals in conjunction with them using Rosetta Stone software. We are excited about this opportunity to fill a need and to help these new Americans utilize the tools that will allow them to become more integrated into our community."

A well-educated community is a prosperous one. These programs benefit all of us.

## Important Rotary Info

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### March Meetings

*Greeter: Rachel Clark*

*3/7 Brenda Schmid — Family Voices*

*3/14 Carol Rogne — Visit to France*

*3/21 Fargo Police Dept — Business Crime Prevention*

*3/28 Roxana Saberi — Between Two Worlds*

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*Make up meetings at any of these local clubs:*

*Fargo West Rotary meets Monday noon at the Holiday Inn*

*Moorhead Rotary meets Tuesday noon at the Moorhead Courtyard by Marriott*

*Fargo Rotary meets Wednesday noon at the Radisson Hotel.*

*FM/AM Rotary meets Thursday at 7:00am in the Overture Room at the Ramada Plaza Suites.*

*FM/PM Make up meeting is at 5:15 pm on the 1<sup>st</sup> & 3<sup>rd</sup> Wed of every month at the Winery*

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*RI 2010-11 theme*